



Have you considered volunteering?

We are currently looking for volunteers to work Monday through Friday.

Volunteer roles include checking in clients, managing the flow of clients, handing out food, preparing packages of food for distribution, and assisting with clean up at closing time.

Normal volunteer hours are:

- Monday, Tuesday, Thursday, and Friday from 9 am to 1 pm.
- Wednesday from 12 pm to 3:30 pm.

Anyone who is interested in giving back to their community is encouraged to contact us through the website, or talk to the Director during business hours.

Thank you for your service

Message from the President

We are very happy to welcome you to the San Lorenzo Family Help Center (SLFHC). Your work as a volunteer will help us of San Lorenzo and surroundings and to a greater area of Alameda County to fulfill our mission to provide food to the low-income residents of the City on a non-discriminatory basis.

The SLFHC is a private, non-affiliated, non-profit, tax-exempt agency overseen by a board of directors composed of community volunteers. The policies and practices included in this handbook may change from time to time. We will try our best to keep you informed if they do.

The SLFHC couldn't possibly provide the needed services without the hard work of over 25 dedicated volunteers. You have joined a wonderful group of people whose ongoing goal is to reduce hunger in our designated area. Welcome to San Lorenzo Family Help Center!

Sincerely,

Cathy Sproull
President, Board of Directors